

# VIDEO INTERVIEW TIPS

TU DUBLIN CAREER DEVELOPMENT CENTRE

## RESEARCH!



### Prepare as if for a Face to Face Interview

Research the role, the organisation, the industry sector. Reflect on the job spec and review your application. Consider what skills and experiences the employer is seeking. Use the job spec to consider what questions you may be asked.

## PREPARE & PRACTICE!

### Communicating your Skills & Experience



Prepare your answers so that you can articulate your skills, experience and motivation to do the job. Now practice answering questions, record yourself, play back and reflect. Ask a trusted friend to give you feedback. Don't learn off answers though!!

## TEST THE TECH!

### Prepare the Space & Check the IT



Before the interview ensure your internet connection is stable. Check that your computer's audio is working. Test your computer's webcam. On the day, find a quiet, private, well-lit place, free from possible interruptions. A neutral, not distracting background is best. Close any unnecessary web browser tabs and applications.

## ON CAMERA!



Dress professionally and avoid bright colours/patterns. Have a pen, notepad and copy of your CV on your desk. When listening, nod and smile to show you are engaged. Use hand gestures when appropriate. Place your phone in silent mode. Have a glass of water to hand Remember your posture