



National Walking Day takes place this year on Sunday 25th September as part of European Week of Sport.

TU Dublin is hosting the 22nd International Walk21 Conference on Walking and Liveable Communities in Ireland from Monday 19th – Friday 23rd September.

In support of the work and themes of the Walk21 Conference and to celebrate and promote the power of walking, we encourage you to get outdoors and #WalkHikeRunPushRoll this week!

For more information and to find out how you can get involved, click on the links below:



#WalkHikeRunPushRoll