



SDG Goal 3 Good Health & wellbeing

About the University: MENU

Year	Event
Ongoing	TU Dublin actively supports women's health and wellbeing through the Developing Women Through Sport Programme, which inspires and empowers women to become sports coaches and leaders.
May 2023	TU Dublin 15 th Students Learning With Communities Annual Awards 2023 .
Ongoing	TU Dublin offers a series of Workplace Wellbeing webinars to support the health and well-being of staff.
Ongoing	TU Dublin Active Retirement Association was set up and is managed by the retired members of staff of the University. The Association supports the health and well-being of retirees
Ongoing	TU Dublin pull off big victory in Sigerson Cup Echo.ie
Ongoing	TU Dublin has a Student Dignity and Respect policy in place.
Ongoing	The Safety, Health and Welfare (SHW) Office at TU Dublin, promotes a culture of health and safety throughout the university, including in the conduct of research.
Ongoing	TU Dublin offers fitness & sports facilities to students and staff.
Ongoing	Improving the health and well-being of the population is core to the TU Dublin Environmental Sustainability and Health Institute (ESHI) . This research cluster seeks to inform and shape health policy and serve as a critical interface in linking scientific, technical and research knowledge with action to improve population health & health services. This has since become the Sustainability and Health Research Hub (SHRH).
	<p>TU Dublin Counselling Services provides a safe, non-judgmental space for students to talk about and discuss any concerns they have, including:</p> <ul style="list-style-type: none"> – Stress or anxiety – Academic difficulties – Relationship difficulties – Depression or mood difficulties – Grief or bereavement

	<ul style="list-style-type: none"> – Homesickness or loneliness – Sexual / personal identity issues – Assault or abuse – Self-harm – Addiction or substance use – Low confidence or self-esteem
Ongoing	TU Dublin's National Optometry Centre is a purpose-built, state-of-the-art centre for the advanced training of optometry students and is the only such facility of its kind in the country. For most eye examinations, the public are seen by a student who is supervised by an experienced member of clinical staff.
Ongoing	TU Dublin's Sexual Health Services are now offering two types of sexual health check-ups for students
Ongoing	TU Dublin's Smoking Policy ensures that all campus buildings are smoke free and prohibits the sale of cigarettes and tobacco products on its premises.
July 2023	European bronze for TUD Badminton team Echo.ie
September 2023	See TU Dublin Senior Lecturer, Lorcan Sirr's article on The hidden ways our housing could be making us sick – The Irish Times
August 2023	CAO offers 2023: 'I got help for my visual impairment – I picked this course because I wanted to give back' Independent.ie

